

For more information, contact:  
Joyce Groemmer, 508.771.0040 ext 121

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## The Dan'l Webster Inn and all Hearth 'n Kettles now offer Gluten-Free menus

March 25, 2011, Hyannis- The Catania Hospitality Group recently announced that the Dan'l Webster Inn in Sandwich and all Hearth 'n Kettle Restaurants now offer a Gluten-free menu in addition to their regular menus.

“More and more people today are recognizing that they are intolerant to Gluten and many more are simply choosing to eliminate Gluten from their diets, considering it a healthier dietary choice,” says Bill Catania, CEO and President Catania Hospitality Group. “We developed these new companion menus in response to customer requests and to provide this alternative to all interested customers.

Both restaurants have identified a wide range of Gluten-free choices for lunch and dinner. The Dan'l Webster features over 17 choices for lunch and 25 for dinner. Upon request, the Dan'l Webster Inn will serve sandwiches on a delicious Gluten-free roll made from rice and potato flour. A Gluten-free rice- brown basmati rice with black quinoa – is also available on the Inn's menu. The Hearth 'n Kettle features 34 items on their menu available for Breakfast (served all day), Lunch and Dinner.

Gluten is a protein found in wheat, rye and barley. It is also sometimes used as a food additive for flavor or as a thickening agent. According to the Gluten Intolerance Group of North America, Celiac disease, also referred to as Gluten intolerance, is a genetic disorder that potentially affects 1 in 133 people in the United States.